



MENU - WEEK ONE

MONDAY

MAIN MEALS: Mac 'n' Cheese (v)
Veggie Loaded Naan (v)

VEG/SIDES: Hot Seasonal Vegetables

**JACKET POTATO
& PASTA BAR:**

A selection of Pasta and
Jacket Toppers available
daily

GRAB & GO:

Quorn Fishless Finger Wrap
with Sriracha Coleslaw

DESSERT:

Vegan Chocolate and Kale
Brownie

TUESDAY

MAIN MEALS: Jerk Chicken with Rice and Peas
Vegetable Biryani (v)

VEG/SIDES: Hot Seasonal Vegetables

**JACKET POTATO
& PASTA BAR:**

A selection of Pasta and
Jacket Toppers available
daily

GRAB & GO:

Grilled Chicken Ciabatta

DESSERT:

Marble Berry Cake

WEDNESDAY

MAIN MEALS: Roast Chicken with Roast Potatoes and Gravy
BBQ Quorn Fillet with Roast Potatoes (v)

VEG/SIDES: Hot Seasonal Vegetables

**JACKET POTATO
& PASTA BAR:**

A selection of Pasta and
Jacket Toppers available
daily

GRAB & GO:

Chicken Wings with
Wedges and Sweetcorn
Salad

DESSERT:

Fruit Shortbread

THURSDAY

MAIN MEALS: Chicken Katsu Curry with Rice and Mixed Pepper
Sriracha Slaw
Chickpea and Spinach Curry with Naan (v)

VEG/SIDES: Hot Seasonal Vegetables

**JACKET POTATO
& PASTA BAR:**

A selection of Pasta and
Jacket Toppers available
daily

GRAB & GO:

Veggie Noodle Pot

DESSERT:

Lemon Drizzle Cake

FRIDAY

MAIN MEALS: Fish and Chips with Ketchup, Tartar or Curry Sauce
Vegan Sausage Roll and Chips with Ketchup, Sriracha
or Curry Sauce (v)

VEG/SIDES: Peas
Baked Beans

**JACKET POTATO
& PASTA BAR:**

A selection of Pasta and
Jacket Toppers available
daily

GRAB & GO:

Fish Finger Bap and Chips
with Ketchup or Tartar

DESSERT:

Fruit Muffin

AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS,
A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.

ALLERGY INFORMATION AVAILABLE ON REQUEST.



MENU - WEEK TWO

MONDAY

MAIN MEALS: Veggie Dirty Jackets (v)
Bean and Cheese Burrito (v)

VEG/SIDES: Hot Seasonal Vegetables

JACKET POTATO & PASTA BAR: A selection of Pasta and Jacket Toppers available daily

GRAB & GO: 5 Bean Chilli Nachos

DESSERT: Chocolate Crispy Cake

TUESDAY

MAIN MEALS: Lasagne with Garlic Ciabatta Bread
Vegetable Spaghetti Bolognese (v)

VEG/SIDES: Hot Seasonal Vegetables

JACKET POTATO & PASTA BAR: A selection of Pasta and Jacket Toppers available daily

GRAB & GO: Chicken Fajita

DESSERT: Flapjack

WEDNESDAY

MAIN MEALS: Pork Sausages with Mashed Potatoes and Gravy
Vegan Sausage Yorkshire with Mashed Potatoes and Gravy (v)

VEG/SIDES: Hot Seasonal Vegetables

JACKET POTATO & PASTA BAR: A selection of Pasta and Jacket Toppers available daily

GRAB & GO: Sloppy Giuseppe Open Sandwich with Wedges

DESSERT: Autumnal Iced Loaf

THURSDAY

MAIN MEALS: Chicken Naandoori with Asian Slaw
Teriyaki Noodles (v)

VEG/SIDES: Hot Seasonal Vegetables

JACKET POTATO & PASTA BAR: A selection of Pasta and Jacket Toppers available daily

GRAB & GO: Macaroni Cheese Pot

DESSERT: Banana Oat Bar

FRIDAY

MAIN MEALS: Fish and Chips with Ketchup, Tartar or Curry Sauce
Veggie Plait and Chips (v)

VEG/SIDES: Peas
Baked Beans

JACKET POTATO & PASTA BAR: A selection of Pasta and Jacket Toppers available daily

GRAB & GO: Fish Finger Bap and Chips with Ketchup or Tartar

DESSERT: Strawberry Mousse

AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS, A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.

ALLERGY INFORMATION AVAILABLE ON REQUEST.



MENU - WEEK THREE

MONDAY

MAIN MEALS: Veggie Lasagne (v)
Vegan Pad Thai (v)

VEG/SIDES: Hot Seasonal Vegetables

JACKET POTATO & PASTA BAR: A selection of Pasta and Jacket Toppers available daily

GRAB & GO: No Chicken Tikka Wrap

DESSERT: Carrot Cake

TUESDAY

MAIN MEALS: Sweet Chilli Chicken Noodles
Spicy Falafel and Hummus Wrap (v)

VEG/SIDES: Hot Seasonal Vegetables

JACKET POTATO & PASTA BAR: A selection of Pasta and Jacket Toppers available daily

GRAB & GO: Beef Bolognese Pasta Pot

DESSERT: Apple Shortbread

WEDNESDAY

MAIN MEALS: Roast Chicken with Roast Potatoes and Gravy
Cheesy Baked Mediterranean Gnocchi (v)

VEG/SIDES: Hot Seasonal Vegetables

JACKET POTATO & PASTA BAR: A selection of Pasta and Jacket Toppers available daily

GRAB & GO: Sausage Roll with Spicy Wedges and Slaw

DESSERT: Lime and Coconut Drizzle

THURSDAY

MAIN MEALS: Chicken Jalfrezi with Rice
Chickpea, Sweet Potato and Spinach Curry with Brown Rice (v)

VEG/SIDES: Hot Seasonal Vegetables

JACKET POTATO & PASTA BAR: A selection of Pasta and Jacket Toppers available daily

GRAB & GO: BBQ Chicken and Rice with Sriracha Slaw

DESSERT: Raspberry and Coconut Flapjack

FRIDAY

MAIN MEALS: Fish and Chips with Ketchup, Tartar or Curry Sauce
Chickpea Masala Samosa and Chips (v)

VEG/SIDES: Peas
Baked Beans

JACKET POTATO & PASTA BAR: A selection of Pasta and Jacket Toppers available daily

GRAB & GO: Fish Finger Tacos and Chips

DESSERT: Chocolate Custard Pot

AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS, A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.

ALLERGY INFORMATION AVAILABLE ON REQUEST.