



# WJEC GCSE FOOD AND NUTRITION



WJEC GCSE FOOD AND NUTRITION

CONTACT: MR SOMERFIELD

## Why should I study WJEC GCSE FOOD AND NUTRITION?

The WJEC Eduqas GCSE in Food Preparation and Nutrition equips learners with the knowledge, understanding and skills required to cook and apply the principles of food science, nutrition and healthy eating. It encourages learners to cook, enables them to make informed decisions about food and nutrition and allows them to acquire knowledge in order to be able to feed themselves and others affordably and nutritiously, now and later in life. This specification has been designed to enable centres to concentrate on innovative delivery of the course whilst creating a balance between practical and theoretical knowledge and understanding. The layout of the content into six areas of content promotes flexibility of delivery, and releasing two tasks for each of the assessments that constitute the non-examination assessment will ensure learners are able to complete assessments suitable to their needs and that of the centre.

## What skills can I gain?

The WJEC GCSE in Food and Nutrition will equip learners with the knowledge, understanding and skills required to cook and apply the principles of food science, nutrition and healthy eating. This reformed qualification for Wales will replace WJEC's current GCSE Food qualifications; GCSE Hospitality and Catering, GCSE Home Economics: Food and Nutrition and GCSE Design and Technology: Food Technology.

### Unit 1: Principles of Food and Nutrition

Written examination: 40% of qualification

The examination paper is 1 hour 30 minutes and contains two sections both containing compulsory questions.

### Unit 2: Food and Nutrition in Action

Non-examination assessment: 60% of qualification

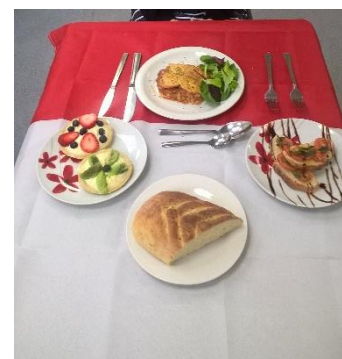
As part of Unit 2, assessment 1 and assessment 2 will be moderated by WJEC in when candidates are in year 11.

## What career paths could be followed?

Students, male and female, would find this course

interesting, challenging and rewarding.

Successful completion of the course could lead to careers within the catering industry or lead onto A levels and Higher qualifications in the subject.



## Website

<http://www.wjec.co.uk/qualifications/food-and-nutrition/>