



Sports Studies

PEARSON

edexcel

Level 3 BTEC Extended Certificate

SPORTS STUDIES 2 YEAR VOCATIONAL

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Why should I study Sport?

If you have a keen interest in sport, health and well-being (which is part of **one of the biggest employment sectors**), then this is the course for you.

The first year covers the key knowledge and practical skills required for advancement in the chosen field of practice. Students will cover fitness testing through a coursework based unit. Students will have ample opportunity to develop their skills and improve their performance, as well as learning more about issues such as health, diet, teamwork, understanding the essential elements and dangers of competitiveness, the value of honesty and sportsmanship, as well as good practice and the pitfalls of inappropriate performance-enhancement. Students will also undertake a controlled assessment on Fitness Training and Programming for Health, Sport and Wellbeing.

In year two, Students will gain a greater understanding of Principles of Anatomy and Physiology. This unit will be assessed through a formal exam. Students will also complete an internally assessed coursework based unit on Professional Development in the Sports Industry. Where they will gain invaluable knowledge of the processes required to secure a job in the sports industry.

What skills can I gain from studying Sport?

Students will gain a range of skills including leadership, team work, research skills and many more.

What career paths would Sport be suitable for?

Sport is a good subject for entry to such Degree courses as Sport and Exercise Science, Teaching Physical Education at Secondary, Primary

Teaching, Sports Development Officers, Physiotherapy, Occupational Therapy, Leisure

Management, Medicine as well as being suitable for general good health and fitness. Physical Education is also suitable for those wishing to go into the Armed Forces, Police or Fire Brigade.

Subject Combinations

Sport would go well with:
Biology/Business/English/Geography/ ICT/ Mathematics/Physics



Website

<https://qualifications.pearson.com/en/qualifications/btec-nationals/sport-2016.html>

