



OCR Cambridge Technicals Level 3 Extended Certificate in Health and Social Care

Any questions, speak to Mrs
Gregory in room 44

HEALTH AND SOCIAL CARE

Why should I study Health and Social Care?

This option is for students who are interested in possible future careers within health, social care and public services. It offers the opportunity to specialised degrees within medicine, paramedic health studies, health sciences, psychology, physiotherapy, social work, health service business management and sociology. What makes health and social care an exciting subject is that it helps us to learn more about ourselves and human development throughout the lifespan from birth to old age.

What topics are studied?

Mandatory units:

Unit 1 – Building positive relationships

This unit aims to introduce you to the many different relationships that you will encounter within the health and social care sector; whether with colleagues, senior members of staff, other professionals within the sector or individuals who require care and support. By doing this unit you will apply communication and relationship building skills in a practical way, considering how different factors, including context, can impact on the building of positive relationships.

Unit 2 – Equality, Diversity and Rights

This unit will help you to understand the implications of diversity on practice and also the effects of discriminatory practice on individuals who require care or support. You will also gain an appreciation of how legislation and national initiatives can support and promote anti-discriminatory practice.

Unit 3 – Health, Safety and Security

This unit introduces you to health, safety and security in health and social care. You will acquire the necessary knowledge and skills to equip you in maintaining a safe working environment for yourself, your colleagues and individuals who require care and support.

Unit 4 – Anatomy and Physiology

This unit aims to introduce you to the basic structure and functions of the body systems involved in everyday activities and maintenance of health, including cardiovascular, respiratory and digestive systems. You will also understand the part played by organs such as the pancreas, liver and kidney. You will investigate the systems and organs involved in detecting and responding to change such as the nervous system as well as the eyes and ears.

This is followed up with two more optional units selected from a list of units provided by the exam board.

Assessment

The course consists of three exam units and three coursework units. You will sit exams for units 2 and 3 in the summer of year 12 and the exam for unit 4 in the January of year 13.

Interested in working in childcare or early years?

If you are interested in working in childcare/early years in the future then this course can help you do that. Health and Social Care teaches you the general skills you need to work with other people, young or old, but allows you to specifically focus on the age group you want to work with by giving you choice in your coursework and the opportunity for work experience.

Subject Combinations

Childcare/Sociology/Science/
Psychology/Law/Sports Studies